

# How we lull ourselves to sleep

Accordion

Roelof Ruis

$\text{♩} = 102$   
*mf*

6 **A**

12

17 **B**  
*mp*

23 *f*

29 **C** Drowsily  
*mp*

34

40

45 **D** Hypnagogic  
*p*

50 *rit.*

55 *rit.*

60 air button: breathing **E** *a tempo*  
*ff* *pp*

68 *ff* *pp*

77 *mf*

85 *mf* **F**

92 **G**

98

104

113 *molto rit.*